

Understanding the mystery of life

---

**LIFE**

understanding  
the mystery  
of life

Abidoeye Adetokunbo

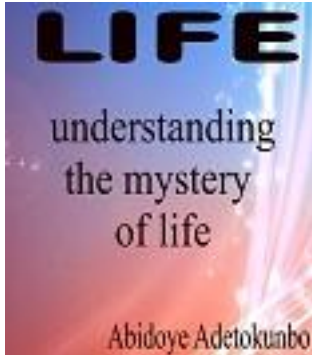
# Understanding the mystery of life

---

## Understanding the Mystery of Life

@ 2016 by Adetokunbo Abidoye

1<sup>st</sup> publication May 2016



A publication of  
The Path of Righteousness  
305 Monksbridge  
Maryborough Village  
Portlaoise  
Co. Laois  
Republic of Ireland

Website: <http://www.thepathofrighteousness.com>

Email: [contactus@thepathofrighteousness.com](mailto:contactus@thepathofrighteousness.com)

All scriptural quotations are from the Kings James version

Cover illustration by Adetokunbo Abidoye

All rights reserved

Commercial Reproduction in whole or part without written permission of the author is prohibited

# Understanding the mystery of life

---

## **Appreciation**

Appreciation goes first to the Almighty God for making this a reality  
secondly I will like to say a very big thank you to my family for the daily  
support and encouragement.

# Understanding the mystery of life

---

## CONTENTS

<b>Appreciation</b>	<b>3</b>
<b>Understanding the heart of man</b>	<b>5</b>
<b>The Spiritual eyes</b>	<b>12</b>
<b>Spiritual Warfare</b>	<b>18</b>
<b>The burden of man</b>	<b>33</b>
<b>Whatever you sow you shall reap</b>	<b>38</b>
<b>References</b>	<b>43</b>
<b>About the Author</b>	<b>44</b>

# Understanding the mystery of life

---

**Message: Understanding the mystery of life**

**Texts: Hosea 4 verse 6**

**Part 1: Understanding the heart of man**

**Texts: Jeremiah 17 verse 9**

**Bible Reading: Judges 16 verse 1- end**

In Jeremiah 17 verse 9, the Bible says the Heart is deceitful above all things and desperately wicked who can know it? Also Hosea 4 verse 6a, the Bible says my people are destroyed for lack of knowledge. We are looking at a very strange teaching that many don't have a clue, a teaching that could have saved many if only they understand it and is called understanding the mystery of life. Let us examine some basic facts about life itself before we move to understanding the heart of man which is our first part of this teaching.

## **Statement of facts**

- Life is full of hidden mysteries
- What makes the real life is what goes on in the spiritual rhyme
- Lack of understanding of life is an invitation to early grave
- Life is full of thorns and invisible weapons
- Man's greatest enemy in life is not the physical or mortal body

# Understanding the mystery of life

---

- Satan and the rulers of this world will use anything to fight their victims
- Satan is the greatest enemy of man
- In Hosea 4 verse 6, the Bible says my people are destroyed because of lack of knowledge
- Life is a battle ground where only the brave and smart are winning
- Your physical knowledge and wisdom cannot help in the battle field of life
- The weapons used in the real life are not canal but mighty through God to the pulling down of stronghold
- Life is full of dark powers roaming around looking for who to devour
- There is no remorse or pity for losing in the battle field of life
- Inability to prepared for war is readiness to early grave
- Life is interesting to those who understand it
- Life is hard and tough for those without understanding
- Life is wicked and unfair
- The best and the shining are sometimes the first causality in the battle field of life
- The more colourful your destiny the more the battles of life
- The enemies that needs blood will not take palm oil despites the facts that they are both red and thick

# Understanding the mystery of life

---

- The first enemy of man are the members of his household
- The enemies of life lay ambush for the weak and the sleepy prey
- Life is like eagle planning to devour the chicks
- Life is like the ocean, calm in the surface but deeper than the surface
- Life is like a storm and flood that cannot be stopped
- Life is like the motor high way where all are struggling and competing for the road
- Life is like a fisherman throwing bate in the sea to catch the blind fish
- Life is like a hunter setting trap for the animals
- Life is like a racing track where the last are pursuing the first to overtake and destroy
- Life is a place where people uses the magic to collect virtues and destinies from the blind
- Life is invisible

## **The understanding the heart of man**

Man cannot understand the heart of men as the bible says, the heart is :-

- Desperately wicked
- Deceitful
- Gives evil counsel

# Understanding the mystery of life

---

- Full of envy and jealousy
- Adulterous thoughts
- Full of evil
- Fake personality
- Mischief
- Proud
- Satanic and demonic
- Practice witchcraft
- Wicked plots
- secretive

Understanding the heart of man is the first step towards understanding the mystery of life, man is the first things that you see before the spiritual and understanding the man next to you is the first step of overcoming the world. Man's heart is the greatest weapons in the hands of Satan and of man himself. Many are destroyed because they have no understanding of the heart of the man living with them.

## **Understanding the heart of man means**

- Knowing the thought of man
- Understanding the reasoning within the man's heart
- Ability to read the mind and not the lips
- Ability to discern the heart
- Ability to escape the wickedness of the heart



# Understanding the mystery of life

---

- Ability to disappoint the mischief of the heart

## **Inability to understand the heart will lead to:**

- Captivity and cage of the enemy
- A life been in bondage
- Destruction of a life and sudden death

In Judges 16 verse 1- end, saw how a mighty warrior, Samson, a man full of the strength was captured by a woman planted in her life, she was there for a purpose but Samson could not read her mind, Samson could not understand her plight, He could not decode the intention of her mind, also Abel in Genesis 4 verse 1- end saw how he followed his brother Cain just to be murdered. The inability of a man to discern the mind of others is an invitation to sudden destruction and untimely death.

## **How to understand the heart of a man?**

- Through the word of God
- Through God's revelation
- Through prophecies
- Through Discerning spirits
- Through revelation prayers
- Through enquiry prayers

# Understanding the mystery of life

---

## Prayers

1. Lord expose all masquerading enemies around me in the name of Jesus
2. Wicked hearts set out to destroy me die in the name of Jesus
3. My secrets in the hands of the wicked enemies be recovered back now in the name of Jesus
4. Fire from the Lord expose and destroy all those plotting evil against me in the name of Jesus
5. Those with evil imaginations towards me be exposed and die with your imaginations in the name of Jesus
6. Father Lord frustrate the token of liars around me and my family in the name of Jesus
7. Father Lord arise and in your power disappoint the devices of the enemies in the name of Jesus
8. I escape the cage of the wicked in the name of Jesus
9. All those caging me and my destiny in their hearts be wasted by the fire of the Lord in the name of Jesus
10. Oh God arise and silence the rage of the wicked around me in the name of Jesus
11. Wickedness of the wicked fashioned to destroy me fail and destroy yourself in the name of Jesus
12. Those who have sown their souls to the devil in order to capture me be disappointed and die in the name of Jesus

## Understanding the mystery of life

---

13. Food served by the destroyers to destroy me be consume by  
the fire of the Almighty God in the name of Jesus
14. Arrows fired from a wicked heart to destroy me fail and  
destroy your owners in the name of Jesus
15. Father Lord expose and cage permanently all those plotting  
to waste my talents in the name of Jesus
16. Wicked heart from my father's house set to disgrace me die  
in the name of Jesus
17. Oh Lord arise and put to shame the weapons of the wicked in  
the name of Jesus
18. Father Lord expose all those with wicked hearts around me in  
the name of Jesus
19. I refused to be captured and wasted by the wickedness of the  
wicked in the name of Jesus
20. Father Lord I thank you for saving me from the wickedness of  
this world in the name of Jesus

# Understanding the mystery of life

---

## Part 2: The spiritual eyes

**Text: Psalm 119 verse 18**

**Bible Passage: 2 Kings 6 verses 8- 20**

In Psalm 119 verse 18, the Bible says open thou mine eyes that I may behold wondrous things out of thy law, also in Ezekiel 8 verses 7- 10 and adding the Bible passage about Elisha, we could see that man is made up of two eyes. The physical and the spiritual eyes

### **The physical eyes can**

- See physical things
- Be blinded and when this happens, only physical things cannot be seen
- The physical eyes is the light of the physical body
- The physical eyes is the eyes of men
- See physical plans
- Can be seen and felt

### **While the spiritual eyes can**

- See spiritual things
- See through what no man can see
- See through the walls
- See through the darkness

# Understanding the mystery of life

---

- Knows the plans of the wicked
- See wondrous things from the Lord
- The weapons of believers to decode the plans of the enemies
- Mirror of a believer
- Weapon to uncover the dark secrets

It is a tragedy for any man to lose his spiritual eyes; a man could be walking with the demons unknowingly and also at the same time may be walking with the host of heaven. The servant of Elisha was unable to see the horses and chariots of fire also the armies were blinded from seeing the chariots and were led to Samaria..... one of the greatest tragedy of man is to lose his spiritual eyes like the armies.....

## **What can make the spiritual eyes to be blind?**

- Not feeding the eyes with spiritual food
- Worldliness
- Prayerlessness
- Sin
- Disobedience to God and to his anointed
- Fighting the anointed

## **When the spiritual eyes is blind**

- Spiritual and physical confusion

# Understanding the mystery of life

---

- Physical Anger
- Insensitivity to things of the spirit
- Lack of spiritual understanding
- Inability to discern in the rhyme of the spirit
- Wrong spiritual judgement
- Wrong companionship
- Wrong choice of everything
- Pain and frustration
- Wrong agenda
- Blind walk
- Lack of understanding of the scriptures
- Lack of understanding of dreams
- No revelations from heaven
- No dreams
- No directives or instructions from heaven
- Walk with the enemies and into the traps of the enemies
- Inability to know and understand God's purpose for your life
- Inability to see wondrous things from the Lord

## **How can you get the eyes open?**

- Through radical biblical study
- Through the baptism of the holy spirit
- Constant spiritual exercise like prayers, fasting and vigil

# Understanding the mystery of life

---

- Have quite times with the Lord
- Do more spiritual things than worldly things
- Feed your soul daily with the word of God
- Separating yourself in thoughts and in deeds
- Live a holy life always
- Do good daily and always

## What must we do?

In order not to be like the armies, we must cry unto God to open our eyes so that we may see wondrous things

- Pray unto God for open eyes
- Remove spiritual and demonic veil
- Pray against the arrows of blindness
- Pray against those blocking your spiritual eyes

## Prayers

1. Father Lord open my eyes that I may see what you want me to see in the name of Jesus
2. Father Lord deliver me from spiritual blindness in the name of Jesus
3. Fresh fire from the Lord incubate my eyes in the name of Jesus

## Understanding the mystery of life

---

4. All those firing arrows of darkness at me shall die in the name of Jesus
5. Father Lord give me eyes that can see great and mighty things in the name of Jesus
6. I refused to be blind in the name of Jesus
7. Veil of darkness around my eyes catch fire and be burnt to ashes in the name of Jesus
8. My father disgrace darkness out of my spiritual eyes in the name of Jesus
9. Father Lord expose those fighting me with darkness in the name of Jesus
10. Darkness from the pit of hell around my eyes clear away now by the power in the name of Jesus
11. Lord Jesus light the candle of my eyes in the name of Jesus
12. Lord Jesus be the light of my eyes in the name of Jesus
13. Lord Jesus increase my spiritual understanding in the name of Jesus
14. I refused to be a blind believer in the name of Jesus
15. Father Lord give me a light that cannot be quenched in the name of Jesus
16. Open my eyes Oh Lord that I may see the plans of the enemies in the name of Jesus



# Understanding the mystery of life

---

17. Lord Jesus expose all those covering my spiritual eyes with darkness in the name of Jesus
18. All those attacking my life with the spirit of darkness shall die in their own darkness in the name of Jesus
19. Lord Jesus turn my eyes and life to fire in the name of Jesus
- 20.** Father Lord I thank you for delivering my life and eyes from darkness in the name of Jesus

# Understanding the mystery of life

---

## Part 3: Spiritual Warfare

**Text: Ephesians 6 verse 12, 2 Corinthians 10 verse 4**

**Bible Reading: Revelation 12 verses 1- end, Daniel 10 verses 12- 13,**

The world we live in is a battle field and the kind of warfare going on is great and naked eyes or mind cannot comprehend it. To some life is all about fighting the ugly saying they are witches and wizards, or fighting the talkative saying they are responsible for their problems, but the Bible says in Ephesians 6 verse 12 that for we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places.

The woman gave birth to a glorious child and the dragon went after her to kill the woman and the child, lessons to learn from this are

- Your destiny will attract battles
- The more colourful your destiny the greater the battle
- Achievements will always attract criticism from the opposition
- Failure to deal and fight for your destiny is an invitation to lose your destiny
- Many have lost their virtues because they could not fight or do not have the right weapons to fight (question of how many are making money while others are not?)

# Understanding the mystery of life

---

- Since what makes the real man is the soul and the spirit and are both unseen, the spiritual warfare is also unseen
- War can be declared at any time, so you must be prepared to fight
- When you are the leader or number one, you are the enemy of all, the last pursuing you, the second planning to overtake you example of a ripe fruit on the tree, the rodents will want to eat, the farmers will want to pluck, even the wind and storms will want to waste, also the ants will want to suck the juice
- After spiritual exercise like fasting, praying, serious bible reading, vigil, the enemy will visit with war as seen in Matthew 4 verse 4
- Not understanding the scripture means easy prey for the enemy
- Praying without the word of God is like holding a Gun without bullets
- Spiritual battles can make the wise foolish
- Spiritual battles can stop the eagle from flying
- Can exchange virtues and glories
- Can make a life to sleep and never to wake up

# Understanding the mystery of life

---

## What will determine the intensity of your battle?

- The colour of your destiny will determine the greatness of your battle, the more colourful your destiny the more the enemies
- Your foundation and location. A life from a wicked and demonic foundation will face more and terrible battles from someone with a Godly foundation. The ancestral powers and the idols will fight anyone trying to escape from their territory.
- Your spiritual life, is another thing that will determine the nature of your battle, a highly spiritual and dedicated Christian will face many more attacks example is Samson, a man full of the power of God, a man endowed with strengths and power to kill even the lion. His enemies went for him till he was gotten
- Wickedness in High places: wicked people around you in need of power and influence will declare war against anyone within their vicinity so as to remain in control.

I remembered a story, told by Iriri aye, a mysterious programme aired to expose the works of darkness that are going on in the invisible rhyme... there was a farmer with large farm somewhere in Osun state if I'm not mistaken, his farm according to the reporter was always having the best produce but strangely there were no workers on his farm. His son used to watch him whenever they go to the farm, seeing his father using the water from a pot to cleanse his eyes and calling people by their names to feed them but no one

# Understanding the mystery of life

---

could see them with the naked eyes. Unfortunately one day he travelled and his son out of curiosity went to the farm and did like the father, immediately he began to see people working on his father's farm and crying for food. Those working were all the young people in that town that died and buried but their souls and spirits are used as labourers in the farm.

The produce from the farm no matter how big they are, will eventually cause more death in the physical world, do you know what they used in producing what you are eating or wearing. Spiritual warfare have caught up with many high flying destinies unaware

## **Weapons of spiritual warfare**

- Women
- Money
- Fashion
- Food
- Friends
- Society / associations
- Careers / jobs
- Water
- Air
- Sun, moon and the stars
- Demons

# Understanding the mystery of life

---

- Arrows
- Sickness
- Tiredness
- Luke warmness
- Habits like took much of food
- Strange words
- Enchantment
- Divination
- Altars
- Night

I remembered when I was young and used to hear strange voices, unknown to me that the enemies had seen my destiny and were working to destroy it. The only answer I got when I told my family and through the church was that the pot that will eat pepper should be prepared to receive fire, the proverb was not clear, another person told me that the battle that is next to someone like a wrapper was the battle fighting me another person told me that they wanted to make me run mad.....

When my travelling overseas was having problem, someone took me to a place and I was told that I would die unless they do what they called bye back and will cost N50 thousand, on our way back I told my mother no and to the glory of God I'm still alive.....

# Understanding the mystery of life

---

## **Mistakes when faced with this spiritual warfare**

- Running to the dark word for assistance (house divided against itself shall not stand)
- People start trusting in man rather than in God
- Some go diabolic
- Some backslide from serving the Lord
- Some will sell their souls to the devil in exchange for solution
- Some will start blaming others
- Some will start suspecting others
- Some will see the church as powerless
- Some will go in search of powers from the rulers of this world
- Some will be made to be wearing incision and charms as protection

## **How does the spiritual warfare start or operate?**

Since the battle is invisible to the naked eyes, their primary operations are also invisible but the manifestations are seen with the naked eyes. Example, when someone is fed in the dream, the demons of spiritual poison are released to supervise the germination of the seed, a prayerful Christians will immediately kill the seed when awake but a weak Christian will water the seed with ignorance.

# Understanding the mystery of life

---

Secondly, the demons do daily check, to see how fervent and strong the person is

Thirdly, if the person is weak, the demons will make the visitation regular

Next, the demons establish authority and domain over the newly acquired territory

Next, the demon report to chief of staff of the newly captured prey

Next, they set up a base and install communications gadget

Next, they launch full operations.

This is the stage where you see someone having strange behaviours

Strange and unexplainable feelings

Failure at the edge of breakthrough

Unexplainable sickness

Problems when money is at hand

Loss of hard earn money

Confusion and troubles in life, family and the Church

**During spiritual warfare, the victims are:**

- captured
- Caged
- Tortured
- Used for hard labour
- Beating
- Striped of honour



# Understanding the mystery of life

---

- Clothed with rags
- Emptied of their valuable possessions
- Made to feed on left over

## **Types of Spiritual warfare?**

- War to destroy the soul of men Psalm 63 verse 9
- Battle to destroy relationship with God Genesis 3 verses 1- end
- War to seize and transfer glory
- War to destroy marriages
- War to destroy a nation, Church, communities and homes
- Battles against the health of man
- Battles in the dreams
- War against careers and businesses
- War against spiritual life and eyes
- War against prayer life
- 

## **Deliverance of the soul**

Let us deal with one of the battles of life which is war to destroy the soul of man. Man according to Genesis 2 verse 7, is made of earth and the Lord breath upon the earth and became a living soul. The soul of man is therefore precious in the sight of God that is why the enemies are always against the soul to destroy it; also because it is the soul that will be judged on the last

# Understanding the mystery of life

---

day, the enemies want the soul to end in hell. I want you to pray like this:  
those hunting for my soul die in the name of Jesus.

Agents of darkness sent to destroy my soul, destroy yourself and die in hell in  
the name of Jesus.

Arrows of the wicked targeting my soul miss your target and backfire in the  
name of Jesus.

## **Evidence that a soul is under spiritual attack?**

- Heaviness of the heart
- Unexplainable hatred
- Repeated errors and mistakes
- Constant frustration towards others and to the things of God
- Unexplainable fighting others within the house and in the Church
- Unable to control your desire for the things of the world
- Constant fear and demonic dreams
- Inferiority or superiority complex
- Always feeling rejected
- Suicidal mind
- Thinking evil always
- Living a life of isolation
- Bored with life
- Crying uncontrollably
- Loss of memory

# Understanding the mystery of life

---

- Loss of properties
- Tired when awake from sleep

## **How to deal and fight spiritual warfare**

The Bible says in Matthew 12 verse 29 or else how can one enter into a strong man's house and spoil his goods, except he first bind the strong man? And then he will spoil his house also in Isaiah 49 verse 24 the Bible says shall the prey be taken from the mighty or the lawful captive delivered? But thus saith the Lord, even the captives of the mighty shall be taken away and the prey of the terrible shall be delivered for I will contend with him that contendeth with thee and I will save thy children.

The first thing you need is to invite and go with God always into the battle

- Possess a weapon that can secure victory in the rhyme of the spirit 2 Corinthians 10 verses 4-5
- Learn to pray targeted prayers using the word of God
- Bind and kill the strong man in charge of the warfare
- Disarm the strong man
- Destroy the camp
- Set their weapons and habitation on fire
- Destroy their store houses
- Kill the members of the group with diverse weapons of God
- Take charge and recover your possession

# Understanding the mystery of life

---

- Set your authority and ruler ship with the power of God in place
- Other weapons to fight are: doing vigil
- Praying without ceasing
- Fasting
- Praise and worship
- Given
- Corporate agreement prayers
- Prophetic utterances
- Speaking and praying in tongues
- Using the word of the Lord in prayers
- Watching always

## Prayers

1. The word of the Lord says if God be for me who can be against me, Father Lord I come unto you be for me and inside of me from now in the name of Jesus
2. Father Lord teach my hands and knees to war in the rhyme of the supernatural in the name of Jesus
3. Lord Jesus make your name to be sharper than two edged sword in my lips in the name of Jesus.

## Understanding the mystery of life

---

4. I mount up wings like the eagle and I enter the camp of the enemies in the rhyme of the supernatural in the name of Jesus
5. I bind and paralyse the activities and plans of the forces of darkness in the heavens in the name of Jesus
6. I set the throne of witches and wizards on fire in the name of Jesus
7. I arrest and bind the strong man leading the war against me in the name of Jesus
8. I put the strong man to death with the sword of death in the name of Jesus
9. I pursue and overtake the members of the satanic group and put them all to death by the sword of death in the name of Jesus
10. I gather their weapons, altars and throne and set them ablazed by the fire of the holy ghost in the name of Jesus
11. I attack their strong room and store houses with the hammer of the Lord in the name of Jesus
12. I recover all my goods in the warehouse of the enemies in the name of Jesus
13. I set the warehouse on fire in the name of Jesus
14. Lord Jesus let thy kingdom come upon my life and thine will be done always in me in the name of Jesus

## Understanding the mystery of life

---

15. Father Lord release fresh power upon me to be victorious over the enemies in the name of Jesus
16. Powers using my spirit as a slave in the dark kingdom, I set my spirit free and cause you to die in the name of Jesus
17. All those pronouncing death, failure and disaster upon me shall die with their pronouncement
18. Light of the living God clear away all the darkness on my way in the name of Jesus
19. Lord Jesus repair my life from all the damages done by the forces of darkness and also restore me to my divine original in the name of Jesus
20. My Father deliver my life from captivity in the name of Jesus
21. Serpents from hell chasing after my soul die in the name of Jesus
22. I cut off the head of the serpent that is after my life in the name of Jesus
23. Arrows fired to bring down my soul die with your owner in the name of Jesus
24. Lord Jesus frustrate the agenda of the soul destroyers over my life in the name of Jesus
25. War declared against my soul by the kingdom of darkness scatter in the name of Jesus

## Understanding the mystery of life

---

26. Oh God arise and expose all those that are after my soul in the name of Jesus
27. Father Lord release me from the cage of darkness in the name of Jesus
28. My Father break all the snares that are against me and my soul in the name of Jesus
29. Lord Jesus rescue my soul from the grave in the name of Jesus
30. Lord deliver my soul from the pot and altar of witchcraft in the name of Jesus
31. Evil stones placed over my soul scatter now in the name of Jesus
32. All those calling my name for destruction and evil die suddenly in the name of Jesus
33. I refused to answer to the call of the enemies in the name of Jesus
34. Father Lord expose and uproot all the evil deposits inside of me in the name of Jesus
35. Fresh anointing to overcome the rage of soul destroyers fall upon me in the name of Jesus
36. My soul I decree shall not end in hell in the name of Jesus
37. Sword of the enemies parading my life be wasted in the name of Jesus

# Understanding the mystery of life

---

38. Great God do something new in my life today in the name of  
Jesus
39. Purge my soul from spiritual filths in the name of Jesus
40. Father Lord I thank you for the victory over spiritual warfare  
in the name of Jesus



# Understanding the mystery of life

---

## Part 4: The Burden of man

**Texts: Galatians 6 verse 5**

**Bible Reading: Luke 13 verses 10- 17**

In Job 14 verse 1, the Bible says man that is born of a woman is of few days and full of trouble. What a statement, that man has only few days (your life is measured in days not years) but with troubles. It also explained that man is born into a troubled world; man cannot run away from trouble, troubles are there for man. But in Galatians 6 verse 5, the Bible says for every man shall bear his own burden.

### The Burden of man

Irrespective of how good, great or generous you are, no one can help you in carrying of your burden, a pregnant woman with the husband next with comforting words, the husband is not the one carrying the pregnancy or doing the push at the labour room. Job was passing through his trial; the wife though with him could not understand the heaviness and the burdens in Jobs heart. Our Lord Jesus Christ when he was on the cross beard the burden of the world on himself with no one to share with him, even though people were crying for him but they could not bear the burden with him.

The burden of man if physical can be shared but because they are invisible and rest in the heart of man, it becomes practically impossible to be shared, what then is the burden of man

- Problems of life

# Understanding the mystery of life

---

- Attack from the kingdom of darkness
- War from the invisible rhyme
- Family problems
- Problems with spouses
- Problems with employers
- Problems with in-laws
- Problems in the church

When a man is carrying his burden

Some they blame it on others

Some says others are not helping them

Some blame the church

Some blame their parent

Some blame their husbands

Some they blame the economy

Hear this beloved according to the scripture, all will carry their own burden, so looking unto man to carry your burden is an invitation to disappointment.

The Bible says in Psalm 20 from verses 1- end, some trust in chariots, some in horses, some in their friends, some in the wealth of their fathers, but they are brought down and fallen, also in Jeremiah 17 verse 5 , the Bible says thus saith the Lord; cursed be the man that trusteth in a man and maketh flesh him arm and whose heart departed from the Lord.

# Understanding the mystery of life

---

For as long as you remain in the land of the living, you will have burden to carry, but it's up to you to give up your burden to Christ who is the burden bearer. He was on the cross to carry your burden and said it is finished.

Stop blaming people, the economy and families turn to Jesus; he is waiting to carry your burden and give you rest. The woman in Luke 13 verse 10- 17, was suffering for 18 years and was carrying a burden that pressed her down from becoming straight, but the moment she met Jesus, her burden was taken away and she regained her self-back. The lesson to learn is that many will die carrying their burdens because of ignorance, many will turn their back against their helpers and God because of ignorance, my prayer unto God is to open your eyes to see your burden and to run to him for solution.

Lastly in Matthew 11 verse 28 (NIV Version) Come unto me all you who are weary and burdened and I will give you rest. It is all those who are with Jesus that are free from the burden of life.

## **What must we do?**

- Recognised that all have issues of life and burden
- Recognise Jesus as the only solution
- Search and find Jesus
- Lay your burden at his feet
- Trust in him only
- Pray always and pray your way out of the burden just like Jabez in 1 Chronicles 4 verse 9- 10

# Understanding the mystery of life

---

## Prayer

1. Lord Jesus open my understanding to my burdens in the name of Jesus
2. Jesus the burden bearer I receive and accept you as my Lord and personal saviour in the name of Jesus
3. I refused to die with my burden, my burden shall be roasted with fire in the name of Jesus
4. Burden of life I throw you out of my life in the name of Jesus
5. Powers increasing my load die in the name of Jesus
6. Evil load of life pressing me down catch fire in the name of Jesus
7. I release myself from the attack against my heart in the name of Jesus
8. Invisible load making me to run mad inside die in the name of Jesus
9. Jesus the burden bearer take away my burdens in the name of Jesus
10. My Father in heaven deliver me from the lies I'm telling myself about problems in the name of Jesus
11. Jesus the Lord of peace, replace my sorrows with peace in the name of Jesus
12. Father Lord replace my heaviness with praise in the name of Jesus
13. Lord Jesus replace my shame with honour in the name of Jesus
14. I come to you Lord Jesus. By your power disgrace my burden and evil yokes in the name of Jesus

## Understanding the mystery of life

---

15. I'm for Jesus and not for my problems, therefore all my problems shall bow before Jesus in the name of Jesus
16. Power of Jesus enter me and give me strength to overcome the storms of life in the name of Jesus
17. I refused to allow my problems to kill me, my problems shall surrender and die in the name of Jesus
18. Lord Jesus when the enemies shall come like a flood, raise a standard against them in the name of Jesus
19. I set the foundation and the roots of my burdens on fire in the name of Jesus
20. Thank you Jesus for given me rest over my burdens in the name of Jesus

# Understanding the mystery of life

---

**Message: Whatever you sow you shall reap**

**Texts: Galatians 6 verse 7 - 9**

**Bible Reading: Matthew 27 verse 1- 10**

In Ecclesiastes 7 verses 21- 22, the Bible says (NIV) Do not pay attention to every word people say or you may hear your servant cursing you, for you know in your heart that many times you yourself have cursed others. The Bible also says in Matthew 7 verses 16 -18, by their fruit you will recognise them. Do people pick grapes from thorn bushes or figs from thistle? Likewise every good tree bears good fruit but a bad tree bears bad fruit, a good tree cannot bear bad fruit and a bad tree cannot bear good fruit also in Isaiah 33 verse 1 “ woe to thee that spoilest and thou wast not spoiled; and dealest treacherously, and they dealt not treacherously with thee! When thou shalt cease to spoil. Thou shalt be spoiled; and when thou shalt make an end to deal treacherously, they shall deal treacherously with thee.

This is one of the greatest mystery of life, that people have no understanding of it, people or man are in the habit of sowing all kinds of evil, thinking they are smart, some have destroyed Godly ordained destinies, some have wasted many innocent lives, now they are now born again and saying all is well, it is not well. Example was Apostle Paul who was persecuting the church, putting the disciples in prison, but even though his soul was saved but the enemies still punished his physical body.

# Understanding the mystery of life

---

## What are people sowing?

- Discouragement
- Malice
- Anger
- Separation
- Fight
- Disunity
- Marital separation
- Frustration
- Death
- Scatter the church

All in the name of ignorance or vexing their anger, but the Bible says, that God cannot be mocked; a man will reap what he sown. Whatever you are sowing today, is a matter of time you will reap in due course, even to the third and the fourth generations

What are you sowing know, please stop sowing evil and start sowing good, stop creating problems for your unborn generations. In Genesis 4 verse 1-end, Cain and Abel presented their offering or sacrifice unto the Lord, Cain presented or sown according to his own desire and flesh and reaped rejected while Abel sown according to the way of the Lord and of the spirit and he

# Understanding the mystery of life

---

reaped acceptance. Whatever a man sown he shall reap, some will reap eternal kingdom for sowing good while on earth, while some will reap eternal condemnation for sowing for the flesh. Hear what the Bible says in Romans 8 verses 5-8, for they that are after the flesh do mind the things of the flesh; but they that are after the spirit the things of the spirit. For to be carnally minded is death; but to be spiritually minded is life and peace. Because the carnal mind is enmity against God; for it is not subject to the law of God, neither indeed can be, so then they that are in the flesh cannot please God

## **What must we do?**

Invite God into your life to uproot what you have planted ignorantly and ask him to forgive you for your wrong doings

- Wage war against Mr flesh
- Start living a holy life
- Daily study and meditate on the word of God

## **Prayers**

1. I surrender my life and those of my unborn generations over to God in the name of Jesus
2. Whatever is in me that is not of God be uprooted in the name of Jesus
3. Father Lord arise and deliver me from evil seeds in my foundation in the name of Jesus



## Understanding the mystery of life

---

4. Father Lord deliver me from the seed of darkness I sowed into my life ignorantly in the name of Jesus
5. I refused to plant evil in other people's lives in the name of Jesus
6. Spiritual seeds troubling my generations be uprooted know in the name of Jesus
7. Father Lord open my eyes to see the tress of evil growing inside of me in the name of Jesus
8. Father Lord sanitise my life with fire and make me whole again in the name of Jesus
9. I shall always plant good and not evil in the name of Jesus
10. Holy Ghost fire arise and destroy all those sowing evil into my life and those of my children in the name of Jesus
11. Satanic agent from my foundation cutting my destiny down be exposed and be destroyed know in the name of Jesus
12. Whatever I've lost to the kingdom of darkness, father Lord restore back in seven folds in the name of Jesus
13. Father Lord cut me off away from satanic and evil monitors in the name of Jesus
14. All those out there to destroy me , shall destroy themselves in the name of Jesus
15. Strange powers robbing me of my blessings and virtues be captured and release my stolen virtues and die in the name of Jesus

# Understanding the mystery of life

---

16. Father Lord turn me to fire to destroy the works of darkness in the name of Jesus
17. Agenda of the foundational powers over my generations be erased know in the name of Jesus
18. Lord deliver me and my generations from ancestral manipulation and dominion in the name of Jesus
19. Lord Jesus I prophesy in your name that my life and those of my unborn generations are blessed and not caused in the name of Jesus
20. Challenges of life that will send me to early grave die in the name of Jesus
21. Thank you lord Jesus for given me a fresh start in the name of Jesus

# Understanding the mystery of life

---

## References

All quotations and references are from the Kings James version of the Holy Bible

# Understanding the mystery of life

---

## About the Author



Adetokunbo Abidoye was born in Lagos, married to Winnie Abidoye and blessed with two wonderful children, Emmanuel and Kelly Abidoye. He had his early nursery and primary school education at Twins' Day Nursery and Primary School, Palm Avenue, Lagos and later

went to Mushin Community Primary School, Lagos to complete his primary education. The author completed his secondary education at Matori Grammar School in 1988 and Higher Diploma in Applied Chemistry from Yaba College of Technology, Lagos. After graduation, he moved to South Africa where he bagged a Master's degree in Business Administration (MBA) specialising in General Management, and later moved to the Republic of Ireland in 2002. In 2013, he graduated from the University College, Dublin (UCD) with a degree in Community and Housing Studies.

Adetokunbo Abidoye started his ministry assignment in the Redeemed Christian Church of God in South Africa and later moved to The Mountain of

# Understanding the mystery of life

---

Fire and Miracles Ministries in 2002. Currently, he is the branch pastor at The Mountain of Fire and Miracles Ministries, Portlaoise, County Laois (Republic of Ireland) and founder of the Path of Righteousness.

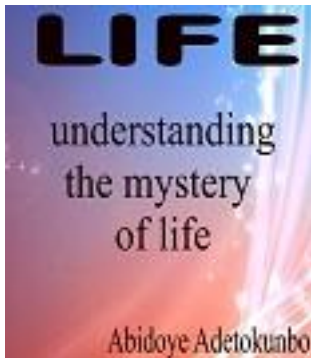
The author has interests in preaching, teaching the Bible, writing, motivational speaking, real estate development and management.

For prayer and counselling please contact us at:

Website: <http://www.thepathofrighteousness.com>

Email: [contactus@thepathofrighteousness.com](mailto:contactus@thepathofrighteousness.com)

Tel: +353 89 486 4413



***Quote "life is fight to win and not to lose"***